

A wellness workshop for our healthcare community



Minnesota Cares

# We are looking for Volunteers!

Since early March of 2020, Minnesota's healthcare community has consistently responded to care for us through the unprecedented challenges of Covid-19. This special two-day event is designed to provide paths toward healing, restoration, evidence-based learning, resilience, and fun as a "Thank You" for our healthcare community across the state.

Please VOLUNTEER at this two day event that will welcome all healthcare community members to a free unique opportunity at the Minneapolis Convention Center on Friday, October 7 or Saturday, October 8.

**Friday: 4 hour shifts from 6:45am – 9:00 pm**

**Saturday: 4 hour shifts from 6:45 am – 4:00 pm**

\*Select any 4 hour shifts that work for you

## Volunteer roles:

**Breakout Room Host** – This volunteer will manage the breakout room, introduce the speaker, be available for any participants

**Registration** – This volunteer will assist at the registration desk as our guests arrive you can greet them, thank them and help them sign in and get information for the day

**Way finder** – This volunteer will assist people find their breakout sessions, general session room, rest rooms, the quiet room and answer general questions

**General Helper** – This volunteer will be assigned where we need the most help

**Behind the scenes** – This volunteer will be helping in a variety of ways that will not be public facing

Parking and Food vouchers and T-shirt offered to volunteers

[SIGN UP NOW!](#)