

Vegetables for Winter Sowing

Use our seed lists to help you choose the right plants for your Winter Sowing projects and needs.

wintersown.org

Selections of seeds appropriate to Winter Sow.

Vegetable List for Winter Sowing

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The URL for this page is:

http://wintersown.org/wseo1/Vegetable_List.html

Winter Sowing is fabulous for starting veggies. If you've had problems with direct sowing veggie seeds such as the seeds get eaten by birds or critters, or they either desiccate or rot in the soil, or bugs eat them, or there's insufficient germination (for whatever reason) try Winter Sowing your vegetable seeds.

Some good choices are:

Allium family (onions, shallots, garlic, chives)

Artichokes (zone seven and warmer)

Beans

Beets

Brassica family (cabbage, broccoli, kale, collards, etc)

Carrots

Celery

Celeriac

Chards

Corn (select an "early" type as it can germinate at lower temps)

Curcubit family (cukes, squash, pumpkins, melons, gourds)

Herbs (edible and ornamental)

Leafy Greens

Lettuces

Nightshade family (eggplant, tomatoes, peppers, potatoes - from real seeds....not "seed potatoes" ;-)

Oriental veggies (any)

arsnip

Peas

Radishes

Spinach