

A wellness workshop for our healthcare community



Minnesota Cares

REGISTER NOW

PLEASE JOIN US AS WE HONOR YOU,
AN IMPORTANT MEMBER OF
MINNESOTA'S HEALTHCARE COMMUNITY

WHAT TO EXPECT

- 2 Keynote presentations

Mary Hayes Grieco, Director & Lead trainer at The Midwest Institute for Forgiveness Training

Sarah Moe, Founder & CEO of Sleep Health Specialists

- Multiple wellness focused workshops to select from

- Free registration & parking

- Contact hours

NOVEMBER

2

2023

**HERITAGE CENTER OF
BROOKLYN CENTER**

6155 EARLE BROWN DR,
BROOKLYN CENTER, MN 55430

WELLNESSMN.ORG/MINNESOTA-CARES

