

Minnesota Cares Wellness Workshop



Minnesota Cares

We are looking for Volunteers!

Minnesota's healthcare community has been strained for years, and the pandemic only exacerbated the challenges which continue today. As everyone adjusts to the new reality, support for our caregivers has never been more vital.

Please VOLUNTEER at this one day event that will welcome all healthcare community members to a free unique opportunity at the Heritage Center of Brooklyn Center on Thursday, November 2nd.

Morning shift: 7:15–12:15 (can stay for lunch)

Afternoon: 12:00–5:00 (extra half hour built in to help with clean up)

Volunteer roles:

- Registration desk (attendee check-in)
- Breakout session room monitors (assist breakout room speaker as needed)
- Swag handlers (monitor swag table, keep tidy, restock)
- Way finders (help participants with directions and questions)
- Expo help (help vendors find their table, assist with vendor needs)

[SIGN UP NOW!](#)