You and your emotions:

Exploring Trust

With Luke Campbell and Janet Yeats

April 4th, 2023, 9-10:30am

What is trust? Developing and maintaining trust in our personal and professional relationships can sometimes be tricky. How do past relationships impact our current willingness to trust? This training will explore the questions and discuss how we identify people who can be trusted, and how to be a trustworthy person.

Register at https://www.train.org with Course ID 1116432



